

Eating Local Matters

- Fresh food is more nutritious
- Consumers relying on local foods keep local farms thriving
- Thriving farms support local economy
- Consumer and farmer connections strengthen community
- Strong communities are more resilient



What is CSA?

CSA—short for Community Supported Agriculture—is a sales model that connects people directly with farmers.

When you sign up for a CSA membership at a farm, you pay in advance for a share of the farm's upcoming harvest. Both you and the farmer benefit: the farmer is paid up front so gets better cash flow to put into growing the food; you get a season's worth of fresh local food directly from the farm.

Thanks to our local farms





Covered Bridge Blueberry Farm









Settlement Farm







The Farm Upstream

Brought to you by

The Jericho & Underhill Food Hub

A local network of citizens supporting local foods, products and agriculture.

Join us. Email: jufoodhub@gmail.com

We aim to

- 1. Market and publicize local foods and farms
- 2. Improve food access and distribution
- 3. Educate about fresh foods and how to grow them
- 4. Grow foods for local food shelves
- 5. Support value-added foods needing commercial kitchen access
- 6. Strengthen community by celebrating local foods together

Farm-fresh Foods of Jericho & Underhill



"When we support local farming, we're not just nourishing ourselves; we're also investing in the well-being of our neighbors and the vitality of our communities."

- Joel Salatin, advocate of holistic farming

	Farm	Address	Veggies	Fruit	Meat	Eggs	Other	Where to buy	Contact
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Underhill	Chamberlin's Farm	100 River Road	√				Hay, flowers, maze	Farm stand	Andy & Kiley Chamberlin chamberlinsfarm.com
	Settlement Farm	416 Irish Settlement Road		√	Lamb	√	Wool, honey	At the farm	Dave & Donna Martin settlementfarm@comcast.net
	Ledbetter Farms	5 Jacob's Hill Road	√					Farm stand	Elena Alexander ledbetterfarms.com
	Valley Dream Farm	5901 Pleasant Valley Road	√	√			Bedding plants, flowers, honey, canned goods	CSA, at the farm, farm to table chef dinners	Anne & Joe Tisbert valleydreamfarm.com
	Moose Mountain Farm	665 Irish Settlement Road		√	Beef	√	Raw milk, maple, seasonal blueberries, may add chicken/pork	Farm stand	Will & Natalie Butler moosemountainmaplevt@gmail.com
	Rolling Meadows Farm	495 Route 15			Beef & Chicken			Preorder, at the farm	Jessie Hill Krusch rollingmeadowsbeef@gmail.com
	Covered Bridge Blueberry Farm	128 River Road		✓				At the farm, pick your own	Lisa Hoare & Brian Stone coveredbridgeblueberryfarm.com
	Knee Deep Farm	5901 Pleasant Valley Road	✓				Herbs	CSA, pickup at Jeffersonville farm	Shane & Eliza Steffens kneedeepfarm.com
	2 GALS Farm Works	Fern Hollow Road	✓				Microgreens, Lettuces, Herbs, Veggie Starts	Preorder, delivered	Gail Saseen & Leigh Girouard 2galsfarmworks.com
Jericho	Jericho Farmers' Market	Mills Riverside Park	√	√	√	√	Maple, herbs, canned goods, baked goods, prepared meals	Thursdays, 3-6:30 May 30-Oct	Elizabeth King, Manager jerichofarmersmarket.com
	Jericho Settlers Farm	22 Barber Farm Road	√		√	√	Starter plants, flowers, herbs	CSA, Farm stand, Jericho Market	Christa Alexander & Mark Fasching jerichosettlersfarm.com
	The Farm Upstream	150 Lee River Road	√	√		√	Native plants	Farm stand, Saturdays, Aug- Oct	Spencer Hardy & Jake Kornfeld thefarmupstream.com
	Davis Farm	52 Cilley Hill Road				1	Raw milk	At the farm	Gary & Tammy Davis davisfarmvt.com